



Mentor Anna and Shadi said they "just clicked."

"I see myself as a coach....I wish I had someone who was there to guide me when I was figuring out school and my career."

- Anna, mentor to Shadi

What does a mentor do?

- ✦ Support students through an on-going relationship
- ✦ Serve as a positive role model
- ✦ Build the relationship through shared activities which could include helping coordinate a job shadow experience
- ✦ Helps student set goals and work towards them
- ✦ May help with tutoring

What makes a good mentor?

- ✦ Willing listener
- ✦ Encouraging and supportive
- ✦ Patient and flexible
- ✦ Tolerant of individual differences
- ✦ Willing to share experiences

Program Details

The Opportunity Partnership Pilot program is administered by the Workforce Development Council of Seattle-King County. Mentors commit to roughly four hours each month for at least one year, or until the student enters employment. Volunteer mentors receive training and on-going support through out the program. This program is funded through a grant of the Work Force Training and Education Coordinating Board and the State Board of Community and Technical Colleges.

To enter the program, both students and mentors go through an application and screening process. To begin the process to become a mentor, please contact Fred Krug at (206) 448-0474 ext. 3030 or e-mail fkrug@seakingwdc.org for an application and mentor job description.

Why be a Mentor?

- ✦ You have valuable insights that students need
- ✦ The program provides a unique opportunity to pass on your career experiences
- ✦ The Opportunity Mentor program provides training and on-going support
- ✦ The personal satisfaction of helping someone achieve their goals
- ✦ Mentors don't just impart knowledge, they also learn from mentees

Sharing experience, leading the way to health care careers

The Opportunity Partnership Pilot Program is looking for health care workers who are passionate about what they do to share their experiences and insights with local technical college students currently pursuing degrees in the allied health fields.

Mentors are needed from a variety of fields:

- Nursing
- Radiologic technology
- Physical therapy
- Pharmacy
- Coding and billing
- Occupational therapy

Unlike traditional adult-child mentorships, the average age of community and technical college students is 29. The benefits to the students and mentors are similar to the traditional mentor-mentee relationship. Students gain confidence and insight into their chosen professional, while mentors gain skills in coaching and the satisfaction of helping some achieve their goals.



**Workforce Development Council
of Seattle-King County**

Workforce Development Council of
Seattle-King County
2003 Western Ave. Suite 250
Seattle, WA 98121

(206) 448-0474
www.seakingwdc.org

Opportunity Partnership Pilot Project

Guiding the way to
health care careers through
mentorship

A program of the Workforce Development
Council of Seattle-King County